Other Important Things to Do

Demonstrations
• Give a demonstration on how to make a cake or food science.

Citizenship
• Help with a food drive
• Visit a nursing home. Call first to see if you can bring home-baked treats.
• Help with a soup kitchen.
• Bake for family, friends, shut-ins, neighbors.

Leadership
• Serve as a junior leader for a 4-H food project group.
• Chair a club picnic, party or special event.
• Inspire other 4-H members to excel.

Career Exploration
• Learn about careers in food preparation, microbiology or food science.
• Interview someone in the field that interests you.
• Ask the person what he or she enjoys most.
• Ask the person why he or she chose that career.
• Ask the person how he or she got started.
• Ask the person what training he or she had to succeed.

Keep a record of your 4-H activities.
• Use the form in this project, or a form you designed on the computer program.