Lore has it that next door to the Economist offices in London is a famed and very old-fashioned chemist—D. R. Harris. The shop has a most marvelous hangover cure, which those in need can buy in a bottle or tincture, or better yet, freshly mixed right there by the chemist for a pound note. Every morning, a procession of old gents in pin-striped suits hustle up to the counter for relief. The bufferest of all old buffers. Those of us, not privy to such European remedies can make our own. All that’s needed: The ability to stand and mix.
996. NATIONAL ANTHEM

British in its origin, the National Anthem cure “soon gets you on your feet,” so sayeth the Avengers’ John Steed, consummate Brit, consummate drinker, sure to know how to shake off last night’s indulgence and quickly return to saving the world.

1 egg
3 or 4 dashes Worcestershire sauce
Dash salt

1. Mix well.
2. Down quickly.

997. PRAIRIE OYSTER

It’s the catsup in this one that makes those pesky morning-after demons vanish.

1 teaspoon Worcestershire sauce
2 dashes vinegar
Dash pepper
1 teaspoon tomato catsup
1 egg yolk

1. Fill cocktail shaker with ice.
2. Add Worcestershire sauce, vinegar, pepper, and tomato catsup.
4. Strain into an old-fashioned glass.
5. Drop in egg yolk without breaking yolk.
998. ABSINTHE SUISSESSE

Absinthe soothes the sinful soul. And the foggy brain. And the queasy stomach.

1 1/2 ounces Pernod
1/2 ounce orgeat
1 egg white
1/2 ounce cream
4 ounces ice

1. Pour Pernod, orgeat, egg white, cream, and ice into a blender.
2. Blend.
3. Pour into a chilled old-fashioned glass.

999. AUSSIE EYE-OPENER FOR TWO

Even burly Australian beefcakes swig this citrus soother.

1 grapefruit
1/2 ripe pineapple
1 lemon

1. Peel and chop fruit.
2. Use a juice extractor to process the grapefruit, pineapple, and lemon.
3. Pour juices into a cocktail shaker.
4. Mix.
5. Pour into tumblers. (Serve over ice if preferred.)
1000. BANANARAMA

Better than breakfast cereal and you can drink it with your eyes closed.

| 10 ounces whole milk  |
| 1 tablespoon honey    |
| 1 tablespoon heavy cream |
| 1 banana             |
| 3 ounces ice         |

1. Pour whole milk, honey, heavy cream, banana, and ice into a blender.  
2. Blend until smooth.  
3. Pour into a large glass.