Acknowledgements

I would like to thank the following:

David, for all his help and support.

Ruben Hale, Publisher at Hodder Education, for his support and encouragement while I worked on this 3rd edition of *Counselling Skills and Theory*.

My students, past and present, for all the lively contributions they have made to discussions during training.

My counselling and teaching colleagues for their interest, and for their helpful and constructive criticism in the preparation of the book.

The British Association for Counselling and Psychotherapy for permission to refer to its ethical Framework for Good Practice in Counselling and Psychotherapy.

The European Association for Counselling for information about its work in education and research.